

Press Release:

Chamera Bowman, a renowned transformation coach, has recently released her new book titled "Commit To Your Passion", a treatise on magnifying the habits and changes that can transform one's life. Chamera Bowman, a renowned transformation coach, has recently released her new book titled "Commit To Your Passion", a treatise on magnifying the habits and changes that can transform one's life. This book starts, by helping readers identify the areas of weakness in their life, and helps them break the cycle. Starting with one's mindset and ending it by transforming oneself towards a greater life of abundance and joy is one of the primary tenets of this book. According to Chamera Bowman, "Reading this book will be the beginning towards your vision and commitment towards taking action towards what you truly believe in. Regardless of how you've been treated, how unfair your boss has treated you, how someone has broken you down to feeling like you have nothing. All of these things will not make a difference to you when you have experienced something better and greater for yourself and the journey ahead of you. If you really want a peace of mind, no one will be able to rob you of it. Because you have made that one individual choice to be in control of you. Your thought process is an invisible power and you have that right of choice, to let it be blessed, inspired, encouraged, committed and give yourself the peace that you need to wake up daily to a fulfilled life of a better you." Chamera believes that through faith, "one can find the kind of commitment one needs in life to get the change one wants to see." Through her experience as a Transformation Coach, she can help people deal with their negativity and self-doubt and help them transform their lives and business growth. Her work has helped her revamp the lives of people from all walks of life be it parents, teachers, leaders, coaches, business and high level executives. Chamera is a Transformational Coach, Investor, (HMBA) of Business, Global Leader, Life and Holistic Health Strategist, Best Selling Author, Entrepreneur and Founder of HHH LIFE, as a result her trainees and coaches

tend to cultivate newer habits for lifestyle changes and growth in personal development. HHH LIFE, expands business growth for their clients by taking action towards the next level of success.